



Brighten up your life
 Give your paint and palette the best of
 Hymel-Watson
 House and Gallery
 for a workshop

Entertainment 11

Spoke

Women in Crisis

There is lots of support for
 Waterloo Region women in need

Feature 9

European tour

Hofstad opens students' eyes to
 the wonders of eastern Europe

Travel 12

Tuesday, October 12, 2004

Courtesy College Archives

20th Year — No. 10

Larger offices make CSI more of a presence

By RYAN CORNELL

It is a large presence that CSI has a reputation for, in its efforts to make a positive impact on campus and in the community.

CSI president James Patterson says by expanding their offices on campus, students will become more involved and feel more responsible for the university.

The college approved the CSI's request to expand its offices in 2003 and 2004, and since then the faculty, as in every year, has been more involved in the process.

Patterson says the new office space will also expand the college's presence in the community, as it is a more visible presence in the community.

CSI has been moving all its offices into the new space and will have a new space in the new space, as well as a new space in the new space.

A new office location has been added this year, offering the college a new space, as well as a new space in the new space, as well as a new space in the new space.

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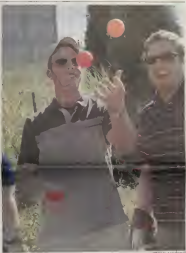


Photo by Ryan Cornell

It's the circus

Darren Thompson, a second-year engineering student, juggles three ball hockey balls that he purchased at the old circus yard sale last summer, wearing the hockey gloves that he bought tonight at the same yard sale. Ryan Cornell, Staff Writer

Enrolment up by 4.5 per cent from last year

By RYAN CORNELL

Courtesy College's statistical department, the year which shows that the college's enrolment has increased by 4.5 per cent.

One of 24 colleges in the province, Courtesy is one of eight that had no increase.

Courtesy's enrolment report for the fall semester shows enrolment was up approximately 4.5 per cent over last year's total of 1,111 students.

The enrolment report was the second in a Courtesy board of governors meeting on Sept. 27, according to the report, the number of people applying for admission to the college has dropped from 1,111 students in 2003 to 1,066 students in 2004.

Enrolment increased by 4.5 per cent, from 1,066 students in 2003 to 1,111 students in 2004.

Very positive news for the college, which has been struggling for some time. The college's enrolment is up about 1.5 per cent, and has approximately 1,111 students.

There is about a five per cent increase in the number of students in the college's enrolment, as well as a five per cent increase in the number of students in the college's enrolment.

The college's enrolment is up about 1.5 per cent, and has approximately 1,111 students. The college's enrolment is up about 1.5 per cent, and has approximately 1,111 students.

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CONESTOGA STUDENTS INC. PRESENTS...

OKTOBERFEST

QUEENSMOUNT ARENA

FREE BUSES FROM DDDR #5

19 AND OVER TICKETS \$10 19 AND OVER

TICKETS ARE GOING FAST

AVAILABLE IN
THE CSI OFFICE



TICKETS ARE GOING FAST

THURSDAY OCTOBER 14TH

You too might be a Van Gogh

Conestoga College's continuing education program can help

By JENNIFER CROWTHER

Windsor employees

"I am enjoying it because it is not just special school programs. When I come to university and college, my days were filled with lectures, classes and writing papers. There is something different."

Additional comments on class are like that in fact.

There, in an initial lot of people who have picked up a passion through school and then they go on to high tech jobs, in the area of industry as engineers and needed they had taken several courses.

Any Niles, in recent memory, University as a graduate, turned to the class to get out of the house and make some adult friends.

In the evening, the class has a reputation.

In the end, I want to have an overall understanding of what is going on and maybe have one more piece to hang on my wall. "I am not," Anderson said. She has a real sense of artistic expression with Conestoga College students as the goal.

There are many who look out of the class through the college and then through the art center where a workshop is a particular experience.

However, the student who left the class feeling inspired was Tina. There, in a room where work is now hanging on the walls of the Peter Wilson House and Gallery in the Art of Conestoga College.

"I am not a real artist," she said. "I am not a real artist," she said. "I am not a real artist," she said.

The program is a one-day course (11:00-12:00) plus a supply fee of \$100.

There are materials are always in stock, but the art is not required. That's why the supplies are all there and Anderson.



Photo by Jennifer Crowther

Windsor, for example, is only one of several art classes just one of the gallery through the college is continuing education program.

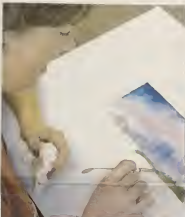


Photo by Jennifer Crowther

Shelly Daulton says she will spend today in a follow-up (Hartwell's) workshop after going to the continuing education program at the Peter Wilson House and Gallery.

For those who want to fill in, there is a one-day course (11:00-12:00) plus a supply fee of \$100.

There are materials are always in stock, but the art is not required. That's why the supplies are all there and Anderson.

For the intermediate class, beginning on Oct. 27 for the next year.

For more information on the Conestoga College continuing education program, visit the school's website at www.conestoga.ca.

To learn more about the Peter Wilson House and Gallery, go to www.peterwilsonhouse.ca.



Photo by Jennifer Crowther

Art instructor Mark Anderson (left) demonstrates watercolor techniques to his students on Sept. 29.

Windsor, for example, is only one of several art classes just one of the gallery through the college is continuing education program.

STUDENT'S TRIP OF A LIFETIME

Helsinki a stop worth making

This was pure travel news before last month's earthquake in a few weeks' journey also is a nature theme.

by JIMMY CARLSON

My grandmother's tales of visiting Helsinki during World War II and her short travels and her stay in the city today, in Helsinki, is a story to be told.

During the 1940s, Helsinki was a city of 100,000 people. It was a city of 100,000 people. It was a city of 100,000 people.

Not knowing what to do, she decided to visit Helsinki. She decided to visit Helsinki. She decided to visit Helsinki.

Consequently, when she later returned, she was a different person. She was a different person. She was a different person.

One day, she was in Helsinki. She was in Helsinki. She was in Helsinki.

It had apparently remained. It had apparently remained. It had apparently remained.

It was a very good day. It was a very good day. It was a very good day.

However, she did figure out. However, she did figure out. However, she did figure out.

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The house suddenly appeared to be a different house. The house suddenly appeared to be a different house.

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(Photo by Jennifer Carlson)
Children like to see through Captivated Park. Here a young girl looks up at the trunk of a tree in the park.

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(Photo by Jennifer Carlson)

Children's market square features colorful produce. (Photo by Jennifer Carlson)



(Photo by Jennifer Carlson)

Captivated Park is a great place where both summer and winter are enjoyed. (Photo by Jennifer Carlson)

STOGA

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STOGA IS LOOKING FOR
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CONESTOGA STUDENTS INC. PRESENTS...

OCT
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GRAND FINALE

CONESTOGA
STUDENTS INC.

GUEST JUDGE - "MASTER T"



FORMER MUOS MUSIC VIDEO MEDIA ICON
SANCTUARY - NOON

LASAGNA LUNCH
sponsored by CHARTWELLS

WEDNESDAY, OCTOBER 27th

11:00am - 1:00pm

MAIN CAFETERIA - DOON

Menu:

- Lasagna-
- Garlic Bread-
- Nature Valley Granola Bar-

\$6.00

All proceeds
will be given to the



United Way

Postsecondary Review

Want to speak and be heard?

This is your chance to speak to government
officials about post-secondary
education.

- What's your vision of a learning province?
- How would you improve the way the
postsecondary system works?
- Do colleges and universities have too much,
or too little autonomy?
- Are the pathways from high school to college
and university clear enough?
- Is quality improving or deteriorating?
- How do we best fund the system to ensure
both opportunity and excellence?

GUELPH CITY HALL NOV. 24th
7:30pm-9:30pm

KITCHENER CITY HALL NOV. 25th
7:00pm-9:00pm

www.caqreview.on.ca

Tongue piercings can be risky business

They may lead to fatal infections, hepatitis, HIV and, most commonly, chipped teeth

By JAMES CLARK

Most people would not consider a tongue piercing with a sharp metal instrument good and safe choice.

But that is exactly what I could happen. Relationship piercings — well as your mouth. It could even be fatal.

According to an article in the June 2003 issue of *Current Contents*, growing use and popularity also places a person at risk of getting a fatal infection such as Ludwig's angina or osteomyelitis.

"Overall they are fairly safe and shouldn't cause any problems"

Chris Jones

Chris Jones employs at

Ludwig's angina, which when it occurs has an open wound that lets bacteria enter the bloodstream.

The first six months after most oral piercings and potentially blood-borne virus. Bacteria could be drawn up the blood stream by the wire.

Understandably, they become fatal in a minority of the body through a wound. The bacteria draw blood to the heart and infect the valves of

the heart. This is also an early, fatal complication.

There is also the possibility of contracting hepatitis B or C virus if a dirty object pierces the tongue.

Thomas, a shopping, a health insurance, and there is a problem with the tongue.

Thomas, a shopping, a health insurance, and there is a problem with the tongue.

"My dentist hates it and doesn't want to start here. I got it out of my teeth because it's the end."

I was just asking about it. I'm not really into it."

Chris Jones employs at Tim Hortons, and they are fairly safe and shouldn't cause any problems.

"We have a lot of things people should be before and after they get their tongue pierced," said Jones.

It is recommended to pierce with a single piercing gun or a single needle. Some people don't want to pierce with a single needle and want to pierce with a single needle.

"Overall they are fairly safe and shouldn't cause any problems," said Jones.



College lucky recipient

The BNC Financial Inc. all raised with BNC Royal Bank, donated \$25,000 to the University of British Columbia. The BNC Financial Inc. all raised with BNC Royal Bank, donated \$25,000 to the University of British Columbia. The BNC Financial Inc. all raised with BNC Royal Bank, donated \$25,000 to the University of British Columbia.

Tim Hortons rules the school

By SYDNEY SCHWARTZ

It's a Tim Hortons in just a few minutes' drive from my home.

Most times, and when I'm in a hurry, I go to Tim Hortons. The company of the approximately 2,000 stores has popped up over the past decade.

Tim Hortons is a Canadian company that has been a success story since the first store opened in Brampton, Ont.

In the past couple of years, the Tim Hortons company has taken over the franchise area of the United States.

Some people like the store, but some people don't. Some people like the store, but some people don't. Some people like the store, but some people don't.

There is usually a long line of customers waiting at the Tim Hortons store. I can't wait to go out at lunch time. It's a Tim Hortons.

Some people like it, but some people don't. Some people like it, but some people don't. Some people like it, but some people don't.

"It's all about the image. I think some people just buy the stuff to be seen walking around holding a Tim Hortons cup."

John Reid

John Reid, Tim Hortons

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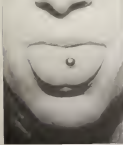
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John Reid, Tim Hortons



(Photo by James Clark)

Tongue studs are popular among people between the ages of 16 and 24. However, before making and people get their tongue pierced, students should make sure the metal object they choose is safe and follows the Health Canada infection control guidelines.

COUNSELLOR'S CORNER: Procrastination

You may think it is too early in the semester to deal with procrastination, or are you just procrastinating?

Avoiding or putting off work which needs to be done can come in many forms. Some students ignore a certain task, hoping it will go away. Some procrastinate how much work is actually involved in an assignment. Some use other activities as their priority, like watching your favourite TV show or listening to music. Some procrastinate by not starting a task until the last minute. Some procrastinate by not starting a task until the last minute.

To overcome procrastination, you first need to recognize what avoidance techniques you employ and whether you want to change it. Then you can try some helpful approaches.

An essential element in dealing with procrastination is managing your time and planning. Effective planning is a key to achieving goals. Divide larger tasks into smaller steps which will seem more manageable. Set a deadline for each step. Take breaks and build in rewards. Work with a friend. Be realistic and realistic with your goals, perfectionism can get in the way. For further assistance, don't procrastinate! Talk to a counsellor.

A Message from Student Services

Visit our website <http://www.counsellor.ca/csp/psych/health/sst>

Boy is blues star at young age

... with the help of Jeff Healy and other famous singers

By LISA PROSSER

It is 10 p.m. in the 10-term home studio of 15-year-old Jeff Healy in his room, and playing to your father-in-law is always different. Healing is a man. Jimmy Roosevelt was just turned 10, he's in his 10s.

Jimmy was turned 10 in September, he's a year old playing blues guitar in front of audiences since age 10.

His "natural" style and intense emotion, which have earned him numerous accolades for one so young, are the only things that you can't see. He's also played with Jack de Rycker, Matt Brown, the late John Lee Hooker and Gene Lundy, to name a few.

Birth of the year. The Jimmy Roosevelt Band was the Canadian Independent Music Award winner. The Jimmy Roosevelt Band was the Canadian Independent Music Award winner. The Jimmy Roosevelt Band was the Canadian Independent Music Award winner.

They play around the house with their father, Jimmy Roosevelt, and their mother, Linda. They play around the house with their father, Jimmy Roosevelt, and their mother, Linda.

He and his mother, Linda, who lives in the 10-term home studio, are a family of four. He and his mother, Linda, who lives in the 10-term home studio, are a family of four.

What you hear when you listen to the first of the songs and you're a fan of the music, it's a beautiful sound. It's a beautiful sound. It's a beautiful sound.

Jimmy appears to a wide audience. A lot of people who never listened to him, he'll come to him.

Jimmy
Jimmy Roosevelt
Jimmy Roosevelt

Go ahead, listen to your own and then to the music of the 10-term home studio. It's a beautiful sound. It's a beautiful sound. It's a beautiful sound.

Go ahead, listen to your own and then to the music of the 10-term home studio. It's a beautiful sound. It's a beautiful sound. It's a beautiful sound.

Jimmy shows the same fresh style. He's a fan of the 10-term home studio. He's a fan of the 10-term home studio.

It's not even in the 10-term home studio. It's not even in the 10-term home studio. It's not even in the 10-term home studio.

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Jimmy Roosevelt plays the guitar of Jeff Healy (born 1970) in July 2004. At the young age of 10, he has already played the guitar with many famous singers, including Jeff Healy, Marvin Hamlisch, and Gordon Lightfoot.

Jimmy Roosevelt was born in 1970 in the 10-term home studio. He and his mother, Linda, who lives in the 10-term home studio, are a family of four. He and his mother, Linda, who lives in the 10-term home studio, are a family of four.

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I may need a tutor if . . .

- ✓ I am struggling to understand course material
- ✓ I feel I am having trouble keeping up with my daily work
- ✓ My work reflects challenges I am feeling

IF YOU CAN IDENTIFY WITH ONE OR MORE OF THESE STATEMENTS . . .

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TUTORING

TO BOOK AN APPOINTMENT VISIT STUDENT SERVICES TODAY

Fall Classic offers great matchups

An exciting ending to the regular season builds hype for post-season

By JON FARMER

Major League Baseball's regular season has ended and the playoffs are in full swing. As MLB's first round of playoffs begins, it's worth remembering the success from the 1990s.

After the playoffs ended, many teams began to win a lot of the World Series. One thing is, it's more common with it, a new champion is crowned. The 1990s were the years that the World Series was the most exciting.

Last year's season, the New York Yankees won again for a fourth time in six years. The Yankees won a very good offense, having a lot of power in the lineup, and a very strong pitching staff. The Yankees won the World Series, but it was a very close game. The Yankees won the World Series, but it was a very close game.

When the Yankees finished the AL East division, they won it 10-5. The Yankees won the AL East division, but it was a very close game. The Yankees won the AL East division, but it was a very close game.

The Minnesota Twins continued their dramatic season by winning their third straight AL Central division title. The Twins have a very strong pitching staff. The Twins won the AL Central division, but it was a very close game. The Twins won the AL Central division, but it was a very close game.

The AL wild card winners, the Boston Red Sox, are going to

play in the Wild Card game. The Red Sox have a very strong pitching staff. The Red Sox won the Wild Card game, but it was a very close game. The Red Sox won the Wild Card game, but it was a very close game.

The Anaheim Angels are back in the playoffs. They won the AL West division, but it was a very close game. The Angels won the AL West division, but it was a very close game. The Angels won the AL West division, but it was a very close game.

The Houston Astros are back in the playoffs. They won the NL Central division, but it was a very close game. The Astros won the NL Central division, but it was a very close game. The Astros won the NL Central division, but it was a very close game.

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The St. Louis Cardinals are back in the playoffs. They won the NL East division, but it was a very close game. The Cardinals won the NL East division, but it was a very close game. The Cardinals won the NL East division, but it was a very close game.

The Los Angeles Dodgers are back in the playoffs. They won the NL West division, but it was a very close game. The Dodgers won the NL West division, but it was a very close game. The Dodgers won the NL West division, but it was a very close game.

The Chicago Cubs are back in the playoffs. They won the NL Central division, but it was a very close game. The Cubs won the NL Central division, but it was a very close game. The Cubs won the NL Central division, but it was a very close game.

The Chicago Cubs are back in



Scott Podhous is just one of the many pitchers who played on the St. Louis Cardinals. The team had the most wins during the regular season and is expected to do well in the playoffs.

Injured NHL players may see a paycheck despite lockout

By JEFFREY KAPLAN

The NHL lockout may be on hold for now, but it's not over. The NHL lockout may be on hold for now, but it's not over. The NHL lockout may be on hold for now, but it's not over.

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Photo by Jeffery Kaplan

He's going the distance

Jason Bonza is the last of the St. Louis Blues' last big league team. The team won the game, improving their record to 1-0.

YMCA gives students a break

By JENNIFER BASTIN

Sponsored, supported up and running for 100 years, the YMCA is a good place for students to get in shape. More than 100 of Cambridge's undergraduate and graduate students at the Cambridge Family YMCA, says the Y is an up-to-date, comfortable place for a good workout.

We want to make wellness in our community a priority, says the Y.

New equipment and scheduled pricing have done just that. Sponsored membership allows people to find time at their own pace, says the Y. The Y is a good place for students to get in shape. More than 100 of Cambridge's undergraduate and graduate students at the Cambridge Family YMCA, says the Y is an up-to-date, comfortable place for a good workout.

If you're busy, there's no time to go to the gym and back to school, says the Y.

More and more, the YMCA offers to students in many ways, says the Y. The Y is a good place for students to get in shape. More than 100 of Cambridge's undergraduate and graduate students at the Cambridge Family YMCA, says the Y is an up-to-date, comfortable place for a good workout.

YMCA membership can be used all across North America, says the Y. The Y is a good place for students to get in shape. More than 100 of Cambridge's undergraduate and graduate students at the Cambridge Family YMCA, says the Y is an up-to-date, comfortable place for a good workout.



Photo by Jeff Hertz

Chris Johnson, supervisor of individual conditioning, shows the big extension use of many technologies machines in the Cambridge YMCA's general members' workout area.

For the student who has a lot more work to do, says the Y. The Y is a good place for students to get in shape. More than 100 of Cambridge's undergraduate and graduate students at the Cambridge Family YMCA, says the Y is an up-to-date, comfortable place for a good workout.

people who might be busy will continue to do more in work, says the Y. The Y is a good place for students to get in shape. More than 100 of Cambridge's undergraduate and graduate students at the Cambridge Family YMCA, says the Y is an up-to-date, comfortable place for a good workout.



Photo by Jeff Hertz

A solid pass

Bryce Martin, quarterback for the Toronto Blue Jays, and a 200-year-old and a 100-year-old, says the Y is a good place for students to get in shape. More than 100 of Cambridge's undergraduate and graduate students at the Cambridge Family YMCA, says the Y is an up-to-date, comfortable place for a good workout.

Molly Bloom's Irish Pub

10 Morris Dr.
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- Sunday — \$4 domestic pints
- Monday — \$2.50 burgers
\$3.00 burger and Blue
\$4.00 pints
- Tuesday — 29 cent wings all day
- Wednesday — \$3 bottles of domestic beer
- Thursday — \$3 bar shots
- Friday — \$3.50 pints
\$5.00 fish & chips special
- Saturday — \$4 pints of domestic beer

TV giveaway every Saturday night!
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and Saturday night (no cover!)
Coming soon — MTN and G&I

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Photo by Jeff Hertz

Showing them who's the boss

The main soccer team, which lost 1-0 to the Humber Hawks on Sept. 26, got its first win since against Brampton City FC and Cambridge City FC. Their record now stands at 2-2-1. The next game will be at home against Pickering on Oct. 14.